

CINDY BUNCH, EDITOR

## ADVENT OF THE SAVIOR

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# Q&A

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### *Advent of the Savior*

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## Thoughtful Preparation

### Questions and answers from Cindy Bunch:

#### **Why was it important to you to write *Advent of the Savior*?**

The practice of Advent has been transformative for me. It's a way of thoughtfully preparing for the coming of Christ rather than rushing headlong into Christmas parties and gift buying.

#### **Whose writing do you look to for inspiration?**

I read mainly in the area of spiritual formation. I have been shaped by writers such as Kathleen Norris and Dallas Willard. I had the opportunity to study with Maya Angelou as a student and her writing has also been a great influence.

#### **How has writing helped you to connect more deeply with your faith?**

I try to journal a little bit each day just to take a moment to connect with what's going on inside. When I read Scripture, I like to rewrite key verses and phrases to remember and deepen the insights.

#### **What is your favorite part of the Christmas story?**

The role of Mary is very powerful and sometimes overlooked by Protestants. One of the sessions in the guide is devoted to her.



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