



ALABASTER
GUIDED MEDITATIONS

JOHN

READ | REFLECT | RESPOND | REST



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JESUS PREDICTS HIS DEATH

JOHN 12:20-26

READ

1. Read John 12:20-26 slowly (aloud, if it's not intrusive to others).
2. Look at the photo on page 63. How might these boardwalk doorways (marking the beginning and ending of a salt marsh) relate to Jesus' prediction of his death?
3. Pause.

REFLECT

1. Read the passage and consider Jesus' dilemma in trying to explain that he would pass through death and come out the other side.
2. No one had ever seen anything like this.
3. Read the passage again and consider the listeners' dilemma as they tried to understand how new life could come out of death.
4. Have you experienced times of dying to self(ishness) and finding new life (vv. 24-25)?
5. Read again slowly and notice what stands out to

you. What words or phrases resonate with you?

6. Ask God why that might be.
7. What, if anything, do you sense God inviting you to consider? To feel? To do?

RESPOND

1. Imagine yourself in the photo, keeping in mind any difficult or challenging doorways you have passed through.
2. Tell God where you would be.
3. Ask for help for anything you need to die to and come back to life to.

REST

1. Exhale.
2. Soak in the freedom that comes from dying to self and not trying to manage the outcomes of your life all on your own.
3. Even if that's not where you are at this time, try imagining that and feeling that freedom.

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