



## Q & A



### ***Charlie Can't Sleep!***

*Trusting God When You're Afraid of the Dark*

October 7, 2025 | \$18.99, 32 pages, hardcover | 978-1-5140-1001-3

For Charlie, bedtime is the hardest part of the day. The stillness of the night brings strange sounds, racing thoughts, and an overwhelming feeling of loneliness. But as Charlie's mother reminds him of the timeless truth from Psalm 121—that we can rest because God never sleeps—he begins to face the dark with renewed courage and peace.

## Scripture Speaks to Children's Fears

### **What motivated you to write this book?**

**Rachel Joy Welcher:** As I child, it comforted me deeply to know that God never fell asleep, and that if I woke up in the middle of the night, I could always talk to him. I wanted to give my own children—and all children—that same comfort.

### **What is your main message and what is distinctive about your approach?**

**Rachel:** God never sleeps, so you don't have to be afraid at night. I think my approach is distinctive in its simplicity, its Scripture-focus, and the throwback to the books of my youth. (Breezy's illustrations are very old-timey, like the books of my youth!)

### **Who is this book for?**

**Rachel:** I wrote this book for young children (age 2-100) who wake up at night, or struggle to fall asleep, or are dealing with fear of the dark. They are kids eager for comfort, presence, truth, and love.

### **What are five main things you want readers to take away from your book?**

**Rachel:**

- God is always awake.
- God is always with you.
- You never have to be afraid.
- Scripture speaks to our fears.
- Scripture speaks to our hope.



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