

SEXUALITY AND SEX THERAPY

A COMPREHENSIVE CHRISTIAN APPRAISAL

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RELIGION / Sexuality & Gender Studies

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Psychology & Counseling

A Comprehensive Survey of Human Sexuality from a Christian Perspective

The field of human sexuality is one of ever-increasing complexity, particularly for Christian therapists and psychologists seeking to be faithful to Scripture, informed by science, and sensitive to culture. In *Sexuality and Sex Therapy*, Mark Yarhouse and Erica Tan offer a survey and appraisal of this field from a Christian perspective, grounding sex therapy in the biblical affirmation of physicality and the redemptive purposes of human life. This second edition:

- integrates the latest research with a Christian worldview as the authors explore sexual dysfunctions as well as various clinical issues and treatments,
- updates key research findings in each chapter, and
- addresses more recent societal trends related to gender identity, non-normative sexualities, digital and social media, and other areas of interest.

Not only have Yarhouse and Tan written a standard resource for Christian therapists and counselors, but they also challenge the church to talk more honestly and openly about the blessing of human sexuality.

“Not just recommended, this book is mandatory for any serious Christian therapist.”

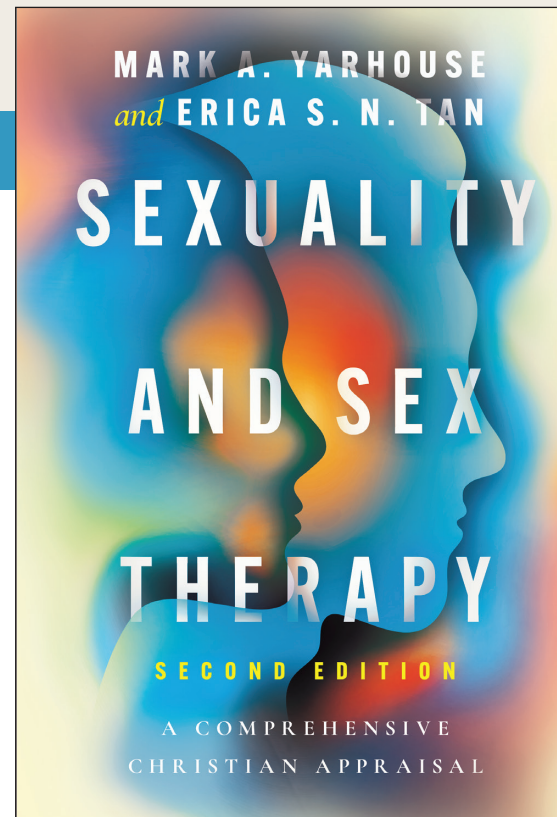
Joshua Matlack, psychologist and outpatient therapist at Pine Rest Christian Mental Health Services



Mark A. Yarhouse (PsyD, Wheaton College) is the Dr. Arthur P. Rech and Mrs. Jean May Rech Professor of Psychology at Wheaton College, where he directs the Sexual and Gender Identity Institute and serves as a core faculty member in the doctoral program in clinical psychology. His books include *Understanding Gender Dysphoria*, *Modern Psychopathologies*, and *Family Therapies*.



Erica Tan (PsyD, Regent University) is a licensed psychologist in Oregon and an adolescent and family team member at Portland DBT Institute. In addition, she provides training and consultation in DBT nationally with PDBTI.



“This resource is indispensable for professionals navigating the complexity between sexuality and faith. This edition integrates up-to-date research with Christian theology, addressing significant topics like non-normative sexualities, gender dysphoria, and societal trends, making it invaluable for clinicians, pastoral caregivers, and scholars.”

Danisa Suarez, certified sex therapist with CCI Counseling

“Their updated work provides us with a much-needed resource with a value-added component that is a tremendous enhancement to what is offered in the field today.”

C. Gary Barnes, professor of counseling at Dallas Theological Seminary and director of the Institute for Sexual Wholeness