

Psychology & Counseling

RELATIONAL SPIRITUALITY

A PSYCHOLOGICAL-THEOLOGICAL PARADIGM FOR TRANSFORMATION

MIDWC Book Award

As our society becomes more socially fragmented, many Christians feel disconnected and struggle to grow spiritually. Common models of spiritual transformation are proving inadequate to address “the sanctification gap.” In recent decades, however, a new paradigm of human and spiritual development has been emerging from multiple fields. It’s supported by a critical mass of evidence, all pointing to what psychologists Todd W. Hall and M. Elizabeth Lewis Hall call a relational revolution.

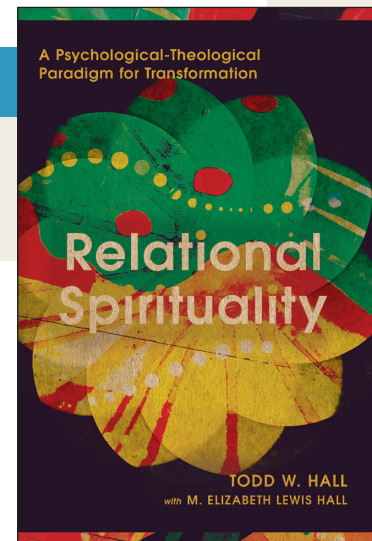
In *Relational Spirituality*, Hall and Hall present a definitive model of spiritual transformation based on a relational paradigm. At its heart is the truth that human beings are fundamentally relational—we develop, heal, and grow through relationships. While many sanctification models are fragmented, individualistic, and lack a clear process for change, the relational paradigm paints a coherent picture of both process and goal, supported by both ancient wisdom and cutting-edge research. Integrating insights from psychology and theology, this book lays out the basis for relational spiritual transformation and how it works practically in the context of relationships and community.

“With many years of psychotherapy practice under their belts and decades of experience in the classroom and the church, Todd Hall and Elizabeth Hall provide a theological and psychological GPS for the thoughtful reader’s journey for navigating the third decade of the twenty-first century.”

Everett L. Worthington Jr., Commonwealth Professor Emeritus, Virginia
Commonwealth University



Todd W. Hall (PhD, Rosemead School of Psychology) is professor of psychology at Rosemead School of Psychology at Biola University, where he teaches courses on the integration of psychology and theology, psychodynamic psychotherapy, and positive psychology.



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