

Q & A



### ***Becoming ProGrace***

*Expanding the Abortion Conversation Beyond Life Versus Choice*

February 3, 2026 | \$19.99, 208 pages, paperback | 978-1-5140-1168-3

*“With theological depth, pastoral insight, and personal authenticity, Angela invites us to reimagine our response to abortion—not as a political stance but as a call to embody the grace of Jesus. This is not just a shift in language; it’s a transformation of posture, one that dignifies both women and children and calls the church to reflect the heart of Christ. I’m deeply grateful for this important and timely book.”*

—Todd A. Wilson, cofounder of the Center for Pastor Theologians

## Advocating Beyond Pro-Choice and Pro-Life

### What experiences led you to write *Becoming ProGrace*?

**Angela Weszely:** As the new leader of a Christian pregnancy organization in Chicago, I kept hitting walls. Whether networking with medical facilities or talking with neighbors, my carefully crafted ‘nonpolitical’ elevator speech was often met with awkward silence or skepticism.

These reactions forced me to ask: What had Christians done around the abortion issue to shape such perceptions?

Through examining our practices and listening to testimonials, I noticed a troubling trend: women felt treated as means to an end rather than as individuals deserving support. This realization struck me hard. Having sometimes felt diminished as a woman in the church, I was determined to avoid contributing to that for others. Because I had also found healing in a faith community that valued the *imago dei* in everyone.

Committed to extending equal value and dignity to both the woman and the child, I did something radical: I started listening. Without revealing my position, I asked people about their views on abortion and Christians, gathering sobering feedback about concerns over manipulation and lack of authentic support—far from the essence of Jesus’ ministry.

As we reformed our practices and I began sharing this journey with fellow Christians, I discovered something beautiful: I was n’t alone in this tension. Many believers wanted a way to equally value both women and children but struggled to find a theological framework and language that fit. I wrote this book for every believer who has ever felt that tension.

### How does this book go beyond the question of whether someone is pro-life or pro-choice?

**Angela:** For as long as I can remember, most discussions around abortion have centered around the question: Are you pro-life or pro-choice? What if that is the wrong question? Or at least the wrong question to lead with?

The terms pro-life and pro-choice do not equip Christians to communicate a view that honors both the woman and the child, and this is a point of frustration for many people I know who hold nuanced views on abortion. Pro-life and pro-choice were created as political labels, not spiritual ones; they aren’t effective or accurate for conveying a comprehensive Christian ethical perspective on abortion because they are rooted in partisan politics and an implicit demand to prioritize one person over the other.

A prograce approach offers Christians a perspective that is rooted in theology and more closely aligns with their faith than either political party.

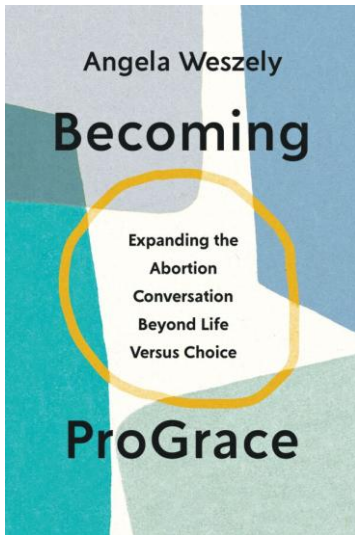


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The goal of becoming prograce is not to influence legal access to abortion—or change the thoughts and behavior of others. Instead, it is to look inward to be transformed like Jesus transformed the world: through grace.

It is an opportunity for Christians of all denominations and political affiliations to unite around core values of our faith, such as compassion, kindness, and the inherent worth of every human—values that have been overshadowed by political partisanship and pervasive cultural narratives of shame around unintended pregnancy and abortion.

#### **What are the key points you hope readers take away from *ProGrace*?**

##### **Angela:**

1. Being frustrated with the partisan pro-life/pro-choice debate as Christians is healthy, and the answer is to prioritize our shared values and core beliefs above our political alignment to reflect Jesus and heal divisions in the church.
2. Core Christian beliefs that can inform our response to abortion are:
  - Equal value, equal dignity: honoring the inherent worth in every human
  - Transformed by grace: relying on the power of grace alone
3. The church's response to abortion flows from our view of women. Existing paradigms in the church around motherhood, gender equality, and sexual myths must be reformed before we can embrace and communicate God's equal value for women in the abortion issue.

The end goal of a prograce response to abortion is a church that resembles Jesus. He changed the course of human history, not through political power or force, but by being a human who acted entirely in love. He invites us to participate in God's redemptive work in the same way.



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## **Angela Weszely, CEO and Cofounder of ProGrace**

*“My passion is to unify the Christian response to abortion by focusing on Jesus and how he always leads with grace. I love to dream about ways we can do better, then engage like-minded people in conversations and discussions to actually bring solutions.”*

**Angela Weszely** is CEO and founder of ProGrace, an organization that facilitates transformative learning experiences for Christ-followers to break through the abortion divide. With over twenty years of experience helping churches and direct service organizations develop a Christ-centered response to abortion, Angela is passionate about uniting Christians across fault lines to have a broader influence than any one organization can have on their own. She has appeared on numerous podcasts and enjoys tackling challenging conversations with leaders of diverse perspectives, always elevating shared values above differences. A steadfast believer in the power of the church, Angela is a trusted guide for Christians who want to live out the way of Jesus in one of today’s most challenging conversations. Angela lives with her family in Evanston, Illinois.

**ProGrace** invites Christians of all denominations and political affiliations to discover a Jesus-centered way to talk about abortion that transcends the pro-life/pro-choice binary. Through a theological framework, transformational learning experiences, and supportive community, ProGrace guides Christians to engage in this complex and divisive conversation in a Christlike way.

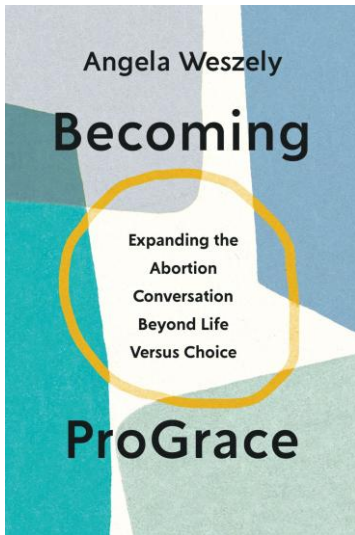
Visit [prograce.org](http://prograce.org) to learn more.



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## TALKING POINTS



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## An Interview Guide for Discussing *ProGrace*

**Asking different questions.** So many conversations about abortion revolve around the question, Are you pro-life or pro-choice? What if Christians started conversations by asking, How can we resemble Jesus in one of the most divisive issues of our generation?

- Interview Question: This is a really big topic; where do we even begin?

**People over partisan politics.** Jesus consistently resisted binary questions that asked him to choose one value at the expense of another. Christians of all denominations and political affiliations can find unity in the abortion conversation by elevating our shared values of grace, compassion, and the God-given dignity and worth of every person.

- Interview Question: What are the theological points most Christians can agree on when it comes to abortion?

**New language.** Both pro-life and pro-choice are political and policy terms, not spiritual or biblical, and are therefore insufficient for communicating a comprehensive Christian ethic around the people impacted by abortion.

- Interview Question: Why did you come up with the term prograce, and what does it mean in relation to the terms pro-life and pro-choice?

**Grace and truth are not contradictory.** Since Jesus embodies both grace and truth, they are not contradictory or mutually exclusive, and we need to expand our understanding of what truths we're called to prioritize communicating.

- Interview Question: How do you address Christians' concerns around balancing grace with truth?

**The church's historical response to abortion.** Our historic Christian response to abortion has largely focused on influencing others—by shaping their moral views, voting behavior, or the legal options available to them. But Jesus taught—and showed us through the life he lived—that it is who we are as people that matters most in God's redemptive work. It's time for the church to look inward.

- Interview Question: You are working towards a shift in the collective Christian response to abortion. What has that response been so far, and what needs shifting?

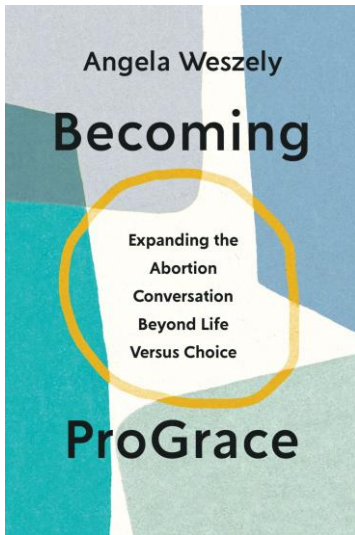


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**Our collective responsibility for abortion.** Traditionally, Christians have talked about abortion as an individual responsibility, focusing on whether or not a woman or couple should choose or be able to have an abortion. The realities that contribute to abortion are far more complex, including cultural narratives of shame around unintended pregnancy and systemic inequalities around reproduction and parenting. As Christians building the kingdom of God, this is our shared responsibility.

- Interview Question: You call Christians to consider our collective responsibility for the problem of abortion. Can you tell me what you mean by that?

**Reframing paradigms of women.** Existing paradigms in the church around motherhood, gender equality, and sexual myths must be reformed before we can embrace and communicate God's equal value for women in the abortion issue.

- Interview Question: You say in the book that the church's response to abortion flows from our view of women. Can you explain that?

**To what end?** The end goal of a Christian response to abortion that resembles Jesus is just that—a church that resembles Jesus. The goal is not for us to influence legal access to abortion or change the thoughts and behavior of others. It is for us to faithfully reflect the heart of God in a deeply complex, divisive, and often dehumanizing conversation.

- Interview Question: What is the end goal of reforming the church's response to abortion?

**What should I say?** I receive many questions from Christians about how to talk to women considering abortion. However, I don't provide detailed instructions because we interact with women constantly. Every time we express judgment or shame about their situation, we discourage them from seeking support. Instead, we should focus on having grace-centered conversations that transform our hearts and communities. Our words shape the culture, and we must speak with compassion, no matter who we are addressing.

- Interview Question: What advice would you give to someone who wants guidance on how to talk to a woman or a couple considering abortion?

**United across political lines:** While the American church has historically been known for its vocal predominantly pro-life policies, many Christians support pro-choice policies, and that is increasing in younger generations. However, thoughtful Christians from different political backgrounds share far more in common with each other than those in their own political party who lean toward the extremes. We are more alike than we realize, if we could break through the noise and focus on our common ground.

- Interview Question: What would it look like for Christians to be united in shared Christian values around abortion while maintaining different political perspectives?



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