

**Moms on the Way**

*Following Jesus Through the Challenges of Motherhood—A 7-Week Bible Study with Video Access*

August 4, 2026 | \$19.99, 176 pages, paperback | 978-1-5140-1420-2

**Tara Edelschick** (EdD, Harvard) is a teacher, writer, mother of three, and grandmother. For three decades, she has worked as an educator, teaching public high school students in New York, graduate students at Harvard's School of Education, homeschoolers in Massachusetts, and incarcerated men taking college courses through the Emerson Prison Initiative. In her church, you can find her speaking at a women's conference or marriage retreat, teaching Sunday school, gathering mothers for prayer and Bible study, or leading retreats for families.

## If Moms Became a Movement of Shalom

### How did you two come to write *Moms at the Well* and now *Moms on the Way*?

**Kathy Tuan-MacLean and Tara Edelschick:** The short answer is that we wrote the books we wish we'd had as younger moms, books that tell the truth about how hard mothering can be to remind us that Jesus is right there in the mess of it all, offering us hope and transformation. We always say, "There are lots of great books out there about how to be a good mother. This is not one of them. Instead, these studies explore God's invitation for moms to join the journey of **getting real, getting healed, and getting free**. By studying the lives of women in Scripture, especially mothers, we see how God invites moms on a transformational journey, one that begins right where we are and helps us grow in our identity as God's beloved daughter."

The longer answer is that we've been writing partners since 2002. We have worked together on memoirs, half-finished books, big dreams. Kathy kept trying to write a spiritual formation book for moms but only had the conflict . . . no resolution. Meanwhile, Tara had this powerful grief story and a Harvard Ed.D. in childhood bereavement, and Kathy kept begging her to write *that* book.

Then the pandemic hit. Kathy taught a seminar on suffering and told Tara, "We need your book, a woman's voice." Tara had a dream from God to write a book about grief, but she didn't want to write it alone. She said they should write it together. Grief was *not* Kathy's story, but she finally said, "I'll write yours with you if you write mine with me." "Done!" Tara said, and then added, "But we should start with yours. You actually know something about moms."

IVP rejected our first proposal but invited us to write a Bible study. Which is a much better fit for us. We love Scripture. This series let us do what we love: tell good stories, teach the Bible, weave in spiritual formation, and remind moms over and over that they are seen and loved.

### What have you personally learned while writing these studies?

**Kathy and Tara:** For Tara, writing these books has basically been her spiritual formation bootcamp for five years. For Kathy, studying shame, resentment, bitterness—let's just say these topics hit a *little* closer to home than she expected. Curt Thompson's *Soul of Shame* wrecked her in the best way. Realizing shame is Satan's favorite weapon has been life-changing for both of them. As they parent adult children, writing this second book has armed them with new tools to silence the enemy's voice of shame.



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## Q&A



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**Kathy Tuan-MacLean** (PhD, Northwestern) serves as faculty ministry national director for InterVarsity Christian Fellowship, where she invites and resources faculty to follow Jesus together. She's a mother of three adult children and an overly anxious labradoodle. Since joining InterVarsity in 1990, she has led numerous students and faculty in Bible study, spiritual formation, and leadership development. She is also a spiritual director who has led marriage ministry and women's retreats. In her church, you can find her occasionally preaching, often teaching, serving as an elder, and regularly cooking for and hosting gatherings.

#### **What distinguishes the two studies?**

**Kathy and Tara:** Before writing the books, we surveyed over 700 moms and their answers were raw, honest, and often heartbreaking. Moms told us about mothering through abandonment, racism, and disability. They shared about loneliness, doubt, fear, and all kinds of emotions we don't share on social media.

In our first book, *Moms at the Well*, we explored seven challenges that moms face. This book explores seven more challenges that can be harder to name out loud: *needing a friend, shame, resentment, scarcity, the rat race, vulnerability, and bitterness.*

So if you're running toward a dream, escaping a mess, or just trying to get dinner on the table before one kiddo melts down and another starts laughing at her, you're in good company. We see you. We *are* you. We're on the way with you.

#### **Why are these especially important right now?**

**Kathy and Tara:** Because loneliness is basically the air we breathe. In our survey, 69 percent of moms said they were lonely or didn't have life-giving friendships.

Jesus is the best friend we'll ever know. But God also wired us for human friendship. Because sometimes you need someone with an extra car seat, a granola bar, and expensive tissue, the kind that doesn't shred when you cry.

In other words, we need mom friends. The ones who text "I'm outside" and hand us a latte when we've been up all night with a colicky baby. The ones who don't blink when we admit we lost it on our kid in the checkout line . . . again. The ones who cheer like it's the Olympics when our toddler poops on the potty, grieve when our tween is bullied, and listen to our disaster-at-the-airport story—for the forty-seventh time—and then say, "Tell it again. You left out the part about the yogurt."

These are the friends who say, "You're not crazy. I see you. I've been there."

And yet, so many of us don't have a friend like that. Our prayer is that through the studies, God will bring every mom at least one true friend.

#### **How do you hope moms and small groups are impacted?**

**Kathy and Tara:** We're praying moms come out of hiding—out of shame, out of loneliness—and meet the God who delights in them. We hope they find each other too, forming little pockets of honest, joyful community. And as they do? We pray they become agents of shalom, bringing a little more peace, justice, beauty, and love into their families and neighborhoods.

Because if moms became a movement of shalom? Well, the world will never be the same.



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## DETAILS



### IVP Bible Study Experience Bringing Scripture to Life

*"This unique Bible study invites readers to not only meditate on biblical passages but also apply them to their lives in contemplative, creative ways both individually and in community. It goes beyond a traditional question-and-answer model and engages almost all your senses."*

—Mabel Ninan, author of *Far from Home*

## IVP Bible Study Experience

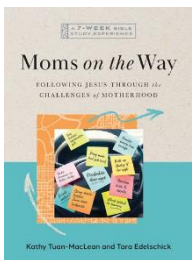
IVP Bible Study Experience volumes will help you and your small group uncover the depths of God's Word in a whole new light. Using inductive study methods through both written and video teaching, readers are given the opportunity to learn from trusted Bible teachers and engage with prayer practices, spiritual disciplines, and other tools for engaging with Scripture.

These accessible studies are designed with busy readers in mind, allowing for open-ended reflection and inviting us to discern how to apply the content to our daily lives. Formatted as beautiful workbooks, these studies include plenty of white space for individual reflection as well as inspiring full-color images and graphic elements. With free access to video curriculum included with every purchase, these refreshing and insightful studies will enrich your understanding and connection with Scripture!

### Here's what you'll get from IVP Bible Study Experience volumes:

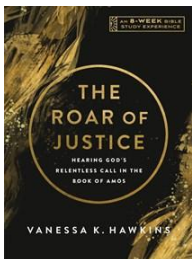
- Welcoming and accessible Scripture study for groups of any size
- Each study includes 6-8 weekly group sessions with 5 manageable days of individual reflection each week
- Free access to weekly video curriculum and a leader's guide included with every purchase

### Volumes include:



***Moms on the Way: Following Jesus Through the Challenges of Motherhood, A 7-Week Bible Study with Video Access*** By Kathy Tuan-MacLean and Tara Edelschick  
August 4, 2026 | \$19.99, 176 pages, paperback | 978-1-5140-1420-2

Kathy Tuan-MacLean and Tara Edelschick, authors of *Moms at the Well*, invite moms to draw near to God and to one another as you share your struggles. Each week you'll study how God meets you where you are, welcomes you into honest conversation, calls you to trust and obey, transforms and sets you free, and invites you to be an agent of shalom.



***The Roar of Justice: Hearing God's Relentless Call in the Book of Amos, An 8-Week Bible Study with Video Access*** By Vanessa K. Hawkins  
April 7, 2026 | \$19.99, 176 pages, paperback | 978-1-5140-1158-4

This eight-week study on the book of Amos invites you to explore why justice is so important to God. *The Roar of Justice* will help you gain a greater understanding of God's justice and his righteous rule, while simultaneously recognizing his intense love and deep desire for the flourishing of all people.

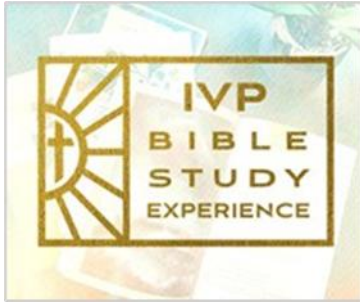


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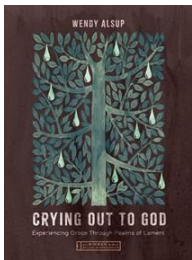
## DETAILS



### IVP Bible Study Experience Bringing Scripture to Life

*"The invitations to reflect on Scripture and personal experience, to engage in breath prayers, to check in with the Holy Spirit, and to practice family sabbath provide helpful ways to integrate this resource into a personal journey taken alongside others."*

—Maria Liu Wong, provost of the City Seminary of New York

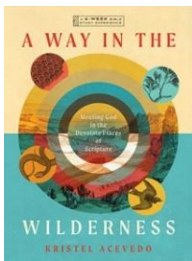


#### ***Crying Out to God: Experiencing Grace Through Psalms of Lament, An 8-Week Bible Study with Video Access***

By Wendy Alsup

March 24, 2026 | \$19.99, 160 pages, paperback | 978-1-5140-1089-1

Wendy Alsup uses psalms of lament to give words to our often-wordless cries. During this eight-week study, we learn that God not only allows our complaints about all that is not right, but he also welcomes our protests and tears. And we discover that God meets us in our lament, giving us his remarkable grace and provision in our time of need.

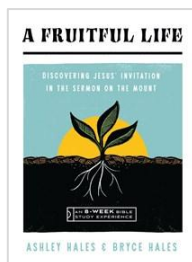


#### ***A Way in the Wilderness: Meeting God in the Desolate Places of Scripture, A 6-Week Bible Study with Video Access***

By Kristel Acevedo

May 20, 2025 | \$20.00, 168 pages, paperback | 978-1-5140-0928-4

Each week, Kristel Acevedo leads readers through reflections on a biblical figure who faced their own wilderness—from the solitude of John the Baptist to the trials of the Israelites. Through these familiar stories, she draws parallels to life now, helping you see that amidst the struggles is often where God meets you most profoundly. **Also available in Spanish.**

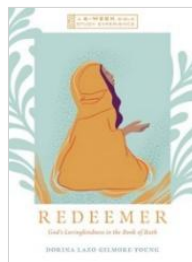


#### ***A Fruitful Life: Discovering Jesus' Invitation in the Sermon on the Mount, An 8-Week Bible Study with Video Access***

By Ashley Hales and Bryce Hales

April 8, 2025 | \$20.00, 176 pages, paperback | 978-1-5140-0718-1

In their new eight-week Bible study *A Fruitful Life*, Ashley and Bryce Hales explore how readers can dive deep into the Sermon on the Mount to understand how a life emulating Jesus—living and loving as he did—is a truly fruitful life.



#### ***Redeemer: God's Lovingkindness in the Book of Ruth, A 6-Week Bible Study with Video Access***

By Dorina Lazo Gilmore-Young

February 11, 2025 | \$20.00, 176 pages, paperback | 978-1-5140-0835-5

In this six-week Bible study, Dorina Lazo Gilmore-Young invites us to view the book of Ruth as more than a Hallmark-tinted story, one that proclaims God's heart for the vulnerable and invites us to become captivated by God's love!



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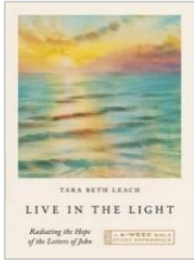
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### IVP Bible Study Experience Bringing Scripture to Life

*"These devotions are richly researched, raw, and revelatory."*

—Michelle T. Sanchez, author of *God's Beloved Community*

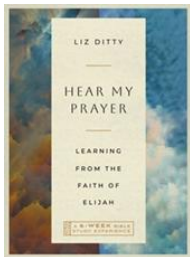


#### ***Live In the Light: Radiating the Hope of the Letters of John, A 6-Week Bible Study with Video Access***

By Tara Beth Leach

July 16, 2024 | \$19.99, 152 pages, paperback | 978-1-5140-0682-5

We are in a season of church meltdown. John, writing to churches caught in leadership failures, church splits, and a powerful leader stirring up dissent, has a message for us today. This six-week Bible study experience invites us to become a community that brings love, hope, and healing to every darkened space.

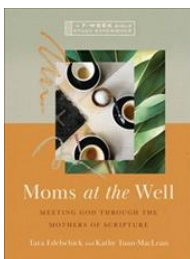


#### ***Hear My Prayer: Learning from the Faith of Elijah, A 6-Week Bible Study with Video Access***

By Liz Ditty

May 14, 2024 | \$19.99, 160 pages, paperback | 978-1-5140-0623-8

Whether you consider yourself a prayer warrior, a prayer newbie, or even a prayer skeptic, Liz Ditty, an experienced spiritual director and retreat leader, invites you to engage with the story of Elijah and his encounters with God as she guides us toward a less awkward, more authentic prayer in this six-week Bible study experience.



#### ***Moms at the Well: Meeting God Through the Mothers of Scripture, A 7-Week Bible Study with Video Access***

By Tara Edelschick and Kathy Tuan-MacLean

April 30, 2024 | \$19.99, 176 pages, paperback | 978-1-5140-0678-8

Motherhood is hard. Really hard. That's why we need a well. For centuries, neighborhood wells served as gathering spaces that provided community and relationships for women. This seven-week Bible study offers a modern-day "well" where mothers can gather and experience the God who invites us into a process of spiritual transformation.



#### ***Upheld: Meeting Our Trustworthy God Through Isaiah, A 6-Week Bible Study with Video Access***

By Kori de Leon

February 20, 2024 | \$19.99, 160 pages, paperback | 978-1-5140-0772-3

*I am with you, I will strengthen and help you, I will uphold you.* God's promises spoken through Isaiah offered reassurance and comfort during difficult days, and they're still true for us today! Join Bible teacher Kori de Leon in this six-week Bible study experience on Isaiah 40–48, pointing us to God's faithfulness and mercy.



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